# IVAS CERTIFICATION COURSE and IVAS ADVANCED CERTIFICATION COURSE in VETERINARY CHINESE HERBAL MEDICINE



Rehmannia glutinosa 乾地黃/生地

A unique collaboration between Healthcare-Academy Den Hoek, De NatuurApotheek, and the College of Integrative Veterinary Therapies (CIVT) offers a Veterinary Chinese Herbal Medicine Course accredited by IVAS in a format of web-based and on-site education.



This is the first IVAS Certification course in Veterinary Chinese Herbal Medicine (VCHM) available in Europe of its kind and offers an unprecedented combination of online and hands-on learning. The already existing high-quality CIVT online Herbal Course is complemented by a series of on-site modules in the Netherlands. These modules are held at both De NatuurApotheek and Healthcare-Academy Den Hoek. We want our students to handle and experience the herbs first-hand in order to understand their nature and properties and to learn in a friendly, collegial and relaxed atmosphere. We strongly believe that such a practical and active way of studying is paramount to a successful education.

This is a chance for all veterinary acupuncturists to expand their knowledge and to start using herbal formulas alongside acupuncture. The unique set-up of this course provides a low threshold for veterinarians from all over Europe (and beyond) to enrol on this course: the online modules can be done in the comfort of your own home or surgery, and the few but necessary on-site modules give you the much-needed hands-on experience and interaction with the teachers and fellow students. The whole course, including the notes, is in English.

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The clinical experience of most practitioners of acupuncture is that the synergistic effects of acupuncture and herbal medicine allow quicker response to treatment and often allow a longer interval between acupuncture treatments making it easier for owners in time management while still providing optimal care for their pet. Whereas acupuncture has been shown to have direct physiologic effects in optimizing or balancing neurologic function, improving local and systemic blood flow and thus having local as well as systemic effects on the body, herbs will have effects on the body based on their phytochemical components and how these are able to influence organ as well as cellular function.



# **OUR TEACHERS**

The main teachers for the on-site sessions are Dr. Linda Boggie (also course coordinator), Drs. Peter Kruithof, Petra Tjeertes and Drs. Edwin Lipperts. The course language is English, Linda Boggie and Steve Marsden (on-line lectures) being native speakers.

**Dr. Linda Boggie** became an IVAS certified veterinary acupuncturist in 1995 and received additional training in acupuncture from Jeffrey Yuen. She finished the Veterinary Herbal Medicine Course at the Chi Institute in 2004. Linda is a much respected and sought after speaker and teacher of acupuncture, herbal medicine and food therapy. (For more information see <u>boggievetacu.nl</u>)

**Drs. Peter Kruithof** is a TCM specialist and practitioner. He studied Chinese, and Chinese medicine in the Chinese language at the Shan Dong University of Chinese Medicine in China for almost 7 years. (For more information, see his <u>LinkedIn profile</u>)

**Petra Tjeertes** is a licensed acupuncturist, phytotherapist and coach, since 2009 working in the TCM field in her own practice and in the practice of her father (also a TCM-practitioner). (For more information see <u>praktijkpetratjeertes.nl</u>)

**Drs. Edwin Lipperts** is a licensed pharmacist and Chinese phytotherapist. He studied Pharmacy at the Utrecht University (NL) and completed a 2-year post-graduate pharmacist education in 1994 and has been working as a pharmacist for 23 years now. He also completed a 3-year TCM Phytotherapy course at OTCG (Antwerp, Belgium). (For more information, see his <u>LinkedIn profile</u> or the <u>NatuurApotheek</u> website)

The on-line lectures are provided by **Dr. Steve Marsden**, one of the most respected and internationally recognized veterinary Herbalist and Acupuncturist. All of these teachers are very able to coach their students to become competent herbalists too. (For more information see his profile on <u>civtedu.org</u>)

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# THE IVAS CERTIFICATION COURSE IN VCHM:

This 224-hour IVAS accredited\* course enables those seeking thorough, foundational training in the field of Chinese Herbal Medicine to gain skills and knowledge in the principles of VCHM and pharmacological effect from a Western Medicine point of view. It teaches the efficient and safe use of a select group of multi-function Chinese herbal formulas across a wide range of common conditions. It is both practical and comprehensive and includes materia medica, classic formula study, dispensary, herb drug interactions and herbal therapeutics with an emphasis on integrative approaches, biomedical understandings of formula and case-based learning. We will present the classic Chinese herbal formulas so you can obtain them virtually anywhere in the world.

The IVAS Certification Course in VCHM consists of 160 hours online modules (8 modules of 20 hours) and 4 modules of 2-day on-site classes (64 hours in total) and can be completed in 12-14 months. There will be lecture notes, video lectures, forum discussion, and reading of texts as well as online and on-site assessments. To obtain certification all modules and assessments must be completed and 10 case studies, (3 case logs plus demonstration of 7 additional patient dossiers) must be submitted. Every student has to present one of their case logs to the other students during one of the on-site modules. There is no final examination.

At the conclusion of this course you will have enhanced your clinical skills and will be capable of prescribing appropriate Chinese herbal medicines safely and effectively.

In case you wish to deepen your knowledge of VCHM at a later stage, your work done for the IVAS Certification Course will be credited towards the IVAS Advanced Certification Course.



Fresh Ginger Root 生薑



Ephedra 麻黄

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## THE IVAS ADVANCED CERTIFICATION COURSE IN VCHM:

This 620 hour IVAS accredited\* course will take your training to the next level imparting the ability to unravel and treat more complex cases and effectively use a wider range of Chinese herbal formulas while providing an in-depth understanding of Chinese herbal medicine at an advanced level.

There are 500 hours of online lectures (8 modules of 60-65 hours each) as well as 15 days (120 hours) of on-site classes and can be completed over 24 months of study. Lecture notes, video lectures, forum discussion, in-depth case analysis and support will be provided, as well as online and on-site assessments and reading of texts. To obtain certification all modules and assessments must be completed, 20 case studies (10 case logs and demonstration of 10 additional patient dossiers), and two case reports must be submitted. There is no final examination.

At the conclusion of this course you will have advanced clinical skills and be able to diagnose and treat complex cases of disease with appropriate Chinese herbal formulas.



Gentiana macrophylla 秦艽



Flos Chrysanthemum 杭菊

#### Linda Boggie, DVM, CVA, FAAVA Fellow of the American Academy of Veterinary



#### Acupuncture, and course coordinator, about this

*course:* "Although I have previously trained in the use of Chinese herbs and use herbs daily in practice I have been wanting to take the CIVT course for years now to be able to enhance and sharpen my skills as a veterinary herbalist. I have heard from others that it provides a great combination of learning and understanding the herbs according Chinese medical theory as well as the pharmacological basis. As a veterinarian I find this a perfect combination."

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# SOME OF THE BENEFITS OF OUR COURSES IN VETERINARY CHINESE HERBAL MEDICINE:

- The on-site sessions offer the chance to experience and handle the herbs first hand: see, feel, smell and taste them. The on-site sessions also give a great opportunity to interact with the teachers, the pharmacists and other students.
- If you do the IVAS Certification Course now but decide to do the IVAS Advanced Course at a later moment in life, all work done in the IVAS Certification Course is credited towards the IVAS Advanced Certification Course.
- The courses are going to be offered on a regular basis, so in case you missed any of the on-site classes, you can easily follow them the next time the course is in session.
- For already Certified Veterinary Herbalists it is possible to join the on-site classes to expand their knowledge and earn IVAS CE hours. Contact Healthcare-Academy Den Hoek directly for costs.
- Besides high-quality training in Chinese Herbs, the focus is also on yourself and developing your attitude and skills as a veterinary healthcare-professional. You will learn to integrate the knowledge into your Western medicine practice.
- During the course students have access to the CIVT library that holds current information about the herbal formulas, individual herbs and their actions according to classical Chinese medical understanding as well as current up-to-date research on the pharmacokinetics of the individual herbs and herbal formulas as well as access to Natural Medicines Data Base (formerly Natural Standards)
- CIVT membership is provided after you have completed the course so you can continue to enjoy further benefits. A one-year membership for the IVAS Certification Course and a two-year membership for the Advanced Course are offered for free. This will give you the benefit of being able to use the online forums after the course, continued access to the Natural Medicine Data Base as well as access to the American Botanical Council Library. In addition as a member you have access to free webinars that are routinely offered as well as discounted rates for the vast number of webinars offered by CIVT.
- We have included the costs of all on-site sessions and required workshops, as well as case study, case logs, quiz- and assessment-marking in our course price. Therefore, after completion of this course, you have fulfilled all the IVAS requirements for certification without additional costs.
- The on-site sessions should decrease the amount of study hours needed, as you will learn a lot during these sessions through interaction and the hands-on approach.
- In conclusion we feel that we offer a high-quality course that gives you confidence and knowledge to use herbs and herbal formulas for all your patients.

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# **PRACTICAL INFORMATION**

From October 2017 onwards, the online modules will be available for students of both the IVAS Certification Course and the IVAS Advanced Certification Course. The first on-site 2-day module for both courses will be held on 23-24 February 2018 at De NatuurApotheek in Pijnacker.

**Course fees:** The course fee for the Certification Course in VCHM is €3.763 (free of VAT); the course fee for the Advanced Certification Course in VCHM is €6.450 (free of VAT).

This includes all online modules and on-site sessions, the herbal monographs, on-line tutor support, all assessments, review of 10 case studies for the Certification Course, and review of 20 case studies and 2 case reports for the Advanced Certification Course to meet IVAS certification requirements. Of course, coffee/tea and lunch is provided during the on-site sessions. Payment in instalments is possible.

The **course lectures** from CIVT are all on the web-based program. The herbal monographs will also be supplied digitally beforehand for the on-site sessions.

Each student will be assigned a tutor from CIVT who is there to answer any questions and to perform "assessments of knowledge" throughout the course. There is no final exam but the students must satisfactorily complete these assessments for each module before progressing to the next. The aspects of the on-site sessions involve practical cases, presentations and discussion groups.

The **on-site modules** take place in the well equipped and beautiful education building of Healthcare-Academy Den Hoek that is centrally located (less than 60 minutes drive from Schiphol Airport) as well as at the NatuurApotheek in Pijnacker in their well-equipped lecture room and modern herbal pharmacy.

#### **Course schedule Certification Course in VCHM:**

Online modules 1 and 2 to be completed before February 2018 23-24 February 2018: on-site module at De NatuurApotheek, Pijnacker Online modules 3 and 4 to be completed before June 2018

22-23 June 2018: on-site module at De NatuurApotheek, Pijnacker; Herbal Walk (To Be Announced)
Online modules 5 and 6 to be completed before November 2018
2-3 November 2018: on-site module at Healthcare-Academy Den Hoek
Online modules 7 and 8 to be completed before February 2019
February 2019: on-site module at Healthcare-Academy Den Hoek

#### **Course schedule Advanced Certification Course in VCHM:**

Online modules 1 and 2 to be completed before February 2018 23-24 February 2018: on-site module at De NatuurApotheek, Pijnacker Online modules 3 and 4 to be completed before June 2018 21-22-23 June 2018: on-site module at De NatuurApotheek, Pijnacker and Herbal Walk (T.B.A.) Online module 5 to be completed before November 2018 1-2-3 November 2018: on-site module at Healthcare-Academy Den Hoek Online module 6 to be completed before February 2019 February 2019: on-site 3-day module at Healthcare-Academy Den Hoek Online module 7 to be completed before June 2019 June 2019: on-site 2-day module at De NatuurApotheek and/ or Healthcare-Academy Den Hoek Online module 8 to be completed before October 2019 October 2019: on-site 2-day module at De NatuurApotheek and/ or Healthcare-Academy Den Hoek

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#### The modules:

1: Chinese Medicine Overview and Demystifying the Metaphors

2: Chinese herbal Medical Prescribing - teaching herbal properties, biomedical properties of the herbs as well as Chinese herbal practice

- 3: Gastrointestinal and Liver Conditions and Chinese Food Therapy Principles
- 4: Neurology, Musculoskeletal and Behaviour
- 5: Kidney, Urinary and Endocrine disorders
- 6: Respiratory, Cardiovascular conditions and Dermatology
- 7: Oncology, Immune-mediated Diseases and Ophthalmology

8: Classic Formulas - a review of the formulas discussed throughout the course with a focus on biomedical actions and diversity of utility and their mainstream Western clinical applications.



Angelica dahuricae 白芷

#### For final certification from IVAS/ CIVT:

#### **Certification Course**

Completion of all modules

Completion of quizzes and assessments Submission of 10 case studies, of which:

- 3 official case logs
- 7 medical records showing clinical application

#### **Advanced Certification Course**

Completion of all modules Completion of quizzes and assessments Submission of 20 case studies, of which:

- 10 official case logs
- 10 medical records showing clinical application
- Submission of 2 case reports

#### **Recommended books:**

- Chinese Herbal Medicine: Materia Medica (Portable 3rd Edition) 3rd Edition by Dan Bensky and Steve Clavey
- Chinese Medical Herbology & Pharmacology 1st Edition by John K. Chen and Tina T. Chen
- Chinese Herbal Formulas For Veterinarians by Signe Beebe, DVM
- Kan Essentials: Chinese Herbals For Animals Handbook For Veterinarians: Classical Formulas for Animals by Steve Marsden, DVM
- Pocket handbook of Chinese herbal medicine: 300 individual herbs by Lan Xu Zong Pocket Handbook of Chinese Herbal Medicine by Zong Lan Xu

### FOR MORE DETAILED INFORMATION AND REGISTRATION:

Please visit our website **www.healthcare-academy.nl** Or contact Claudia de Gooijer-Kant, coordinator, by telephone (+31 6-33688491) or email (info@healthcare-academy.nl)

\*All web-based modules are fully IVAS Accredited; application for on-site modules is in process. *The information is verified and accurate at date of publication. If any small changes occur participants are notified immediately.* 

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